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## Mandi Bramwell

**Contact details:** Phone: 0274 546658 Email: [mandibramwellOT@gmail.com](mailto:mandibramwellOT@gmail.com).

**What is your *physical* location?** Gisborne

**What type of supervision do you offer?**

- Face to face
- Skype/Distance,
- ePortfolio.

**What are your fees?** Please enquire

**Practice experience:** As an occupational therapist for almost 30 years, I have worked in many settings both in NZ and England including hospital, community and 17 years running a multidisciplinary practice in the Gisborne district managing private, MOH and ACC contracts. As a professional supervisor for the past 20 years I have become passionate about supporting health professionals to care for themselves while caring for others. I currently supervise a wide range of professionals within health and education and also have a life coaching practice.

**Supervision experience and qualifications:** My original supervision training was in the TAPES model completed in 1999 with subsequent training from the NZ Coaching and Mentoring Centre and NZAOT workshops. I completed the post graduate paper `Supervision for the Helping Professions` in 2011 and in 2013 finished 15 months training to gain a Certificate in Personal and Corporate Coach training with CoachU (USA). The models I use are primarily based on Kolb's learning and reflective cycle including the What, So What, Now What model of reflective practice.

## **Alison Burford**

**Contact details:** Phone: 021 2803280 **Email:** [alison.burford00@gmail.com](mailto:alison.burford00@gmail.com)

**What is your *physical* location?** Bayswater, North Shore, Auckland

### **What type of supervision do you offer?**

- Face to face
- Skype/Distance,
- Supervision for Standard Conditions on scope of practice (NG/Overseas/RTP),
- Group,
- New graduate package,
- ePortfolio,
- Cultural.

**What are your fees?** Please enquire

**Practice experience:** I currently work in a community brain injury rehabilitation team with a private practice in supervision and life coaching for health professionals. My OT clinical background is predominantly community with adults - brain injury rehab, learning disabilities, older adults with physical and mental health issues. I have worked in UK and NZ.

**Supervision experience and qualifications:** I have over 15 years experience with providing supervision for OTs and other health professionals. I hold a certificate in supervision practice completed in UK, Post graduate paper on Reflective practice and Life Coaching qualification (International). My approach is supervisee centred, solution focussed, assisting with professional development and building professional confidence. I have a supportive approach to my supervision and am passionate about providing good quality supervision. My supervisor is based in UK to ensure confidentiality.

## Lucy Charles

**Contact details: Phone:** 0210659764 **Email:** <mailto:lucy@paediatricot.co.nz>

**What is your *physical* location?** Auckland

**What type of supervision do you offer?**

- Face to face
- Skype/Distance,
- Supervision for Standard Conditions on scope of practice (NG/RTP),
- New graduate package,
- ePortfolio.

**What are your fees?** Please enquire.

**Practice experience:** I have expertise, knowledge and skills and a specialist interests in Paediatrics. I have 25 years of experience working in Paediatrics in child development services, special schools, satellite classes, wheelchairs and seating, supervisor to AUT Students and therapy leader and as mentor to team of Physiotherapists, Speech and Language Therapists and Occupational Therapists. I now co-own a private practice in Auckland, Paediatric OT based in the Parenting Place in Green Lane working with children aged 4 to 17 years approx. and their families and teachers. I also provide supervision to a number of therapists in educational and community based settings. I have specialist training in Occupational Performance Coaching, Perceive Recall Plan and Perform PRPP (Ranka and Chapparo), Neuro-developmental and Sensory Integration Theory and Practice.

**Supervision experience and qualifications:**

- Diploma of College of Occupational Therapy (DipCOT 1986) New Zealand Registration (NZROT 1993),
- Certificate in Professional Life Coaching from (ICF affiliated Momentum Life Coaching) 2015
- Unitec Certificate: Supervision Skills for health and Social Service Professionals through New Zealand Coaching and Mentoring Centre 2015
- Coaching Skills Course (New Zealand Coaching and Mentoring Centre) 2014
- Occupational Performance Coaching course (Fi Graham)
- Supervisor for AUT Occupational Therapy students (1996- 98 2012- 2015)
- Therapy Leader at Wilson School Supervised OT's PT's and SLT's 2015
- Mentoring and coaching for several therapist mainly based in education setting or paediatrics. 2015 to current day.

Types of approaches and models used in supervision: Models Heron's Six Categories of Intervention, Six eye Process model of supervision, Shohet & Hawkins WHOA to Go Model, Feedforward model, Learning Styles and coaching tools from the Momentum model for Life Coaching.

Postgraduate qualifications: Professional Mentoring, supervision and workplace coaching Skills Unitec institute of technology, Certificate in Professional Life Coaching (ICF affiliated Momentum Life Coaching) 2015

## Ann Christie

**Contact details:** Phone: 09 6387226 Email: [tanekaha24@orcon.net.nz](mailto:tanekaha24@orcon.net.nz)

**What is your *physical* location?** Auckland, West Auckland

**What type of supervision do you offer?**

- Face to face
- Skype/Distance,
- Supervision for Standard Conditions on scope of practice (NG/Overseas/RTP),
- Group,
- ePortfolio,
- Cultural,
- Workplace stress issues.

**What are your fees?** Negotiated individually, packages for new graduates

**Practice experience:** I am a registered occupational therapist who has been practicing for many years in Auckland City and includes supervision practice of over 36 years. Professional practice includes both physical and mental health services with children, adolescents, families, adults and private work. Knowledge includes adult, child adolescent mental health, children /adolescents physical, psychosocial and emotional development, workplace stress related issues [assertiveness and conflict resolution], time management and private practice systems, implementation of treatment and therapeutic programs and groups. My supervision practice - CARE Supervision provides:

*Coaching:* Evolutionary coaching & mentoring processes are incorporated into supervision models to promote education, intervention and learning outcomes for the client

*Assessment:* Evaluating personal needs and skill bases that promote self-management, goal setting and action based achievements.

*Reflection:* Critical reflection process that promotes learning through knowledge/theory to practice based on the clients values and beliefs.

*Education:* Experiential learning and other learning theories that promote acquisition of facts and methods to enhance a practitioners and a client's proficiency.

**Supervision experience and qualifications:** My supervision training (1996, 2001 & 2005) and certification was undertaken as part of professional development of a senior practitioner. In addition I am a co-facilitator of an online professional supervision group; past competency auditor for the NZ Board of Occupational Therapy. My supervision practice has included students, interns, health and allied health professionals, educationalists and individuals working in nongovernment agencies. I am a published author, have lectured both nationally and internationally and in 1998 received the NZAOT Frances Rutherford Lecture Award for expertise in education, research and specialist area of work, child and adolescent mental health. I have presented several papers at NZAOT Conferences, was a committee member and presented at the NZ Supervision Conference 2010 and have lectured internationally in the UK, USA and Switzerland. The Supervision Model used is the Hewson Supervision Triangle with additional eclectic therapeutic paradigms initiated where appropriate.

## Kirsty Connell

**Contact details:** Phone: 027 2411 805 Email: [kirsty@stress.nz](mailto:kirsty@stress.nz)

**What is your *physical* location?** Bethlehem, Tauranga

**What type of supervision do you offer?**

- Face to face
- Skype/Distance,
- Supervision for Standard Conditions on scope of practice (NG/Overseas/RTP),
- Group,
- New graduate package,
- ePortfolio.

**What are your fees?** Please enquire

**Practice experience:** I have been practising as an occupational therapist for nearly 29 years, and have been in private practice for nearly 15 years as a sole practitioner based in a mental health practice with other clinicians. This involves working primarily in a mental health clinical role, working with individuals and groups, together with providing education, consultation, and supervision services. Prior to entering private practice, I worked for 14 years in a range of community and hospital-based environments in both mental health and physical health care, and in both clinical and leadership roles in New Zealand and the United States.

In my current clinical role I work predominantly with people presenting with anxiety disorders, major depressive episodes, workplace stress and bullying issues. Additionally I facilitate a group in the primary health environment for people with anxiety disorders, together with workshops for organisations on a range of health and safety topics, provide clinical, group, and professional supervision, and some consulting / advisory work for organisations.

I have completed qualifications in Clinical Supervision, Adult Teaching, Clinical Neuropsychotherapy Practice, Rational Emotive Behaviour Therapy, and Solution Focused Brief Intervention, and this year complete a Postgraduate Diploma in Cognitive Behaviour Therapy through Massey University. I currently provide supervision for both clinicians and non-clinical staff, from occupational therapy, nursing, and social work professions, working in a range of roles, in both physical and mental health settings, and for people working in management and administration roles in the health and disability sector.

I draw from a range of practice models relevant to the training noted above.

**Supervision experience and qualifications:** Completed Accreditation as Clinical Supervisor through Wintec, and in supervision while I am trained in the TAPES Model, I draw from the various models noted above.

I have been providing clinical supervision for approximately 26 years, and have been facilitating group supervision for over 20 years.

## Jarrah Cooke

**Contact details:** Phone: 0274057892 Email: jarrahcooke@hotmail.com

**What is your *physical* location?** Dunedin

**What type of supervision do you offer?**

- Face to face
- Skype/Distance,
- Supervision for Standard Conditions on scope of practice (NG/Overseas/RTP),
- Group,
- New graduate package,
- ePortfolio,
- Cultural.

**What are your fees?** Please enquire.

**Practice experience:** to be completed

**Supervision experience and qualifications:** Supervising Occupational Therapists through southern DHB and privately - 2015 – present, supervising primary health practitioners (support workers) through private youth mental health service in Ireland 2010 – 2011, supervising occupational therapy fieldwork students yearly throughout career – 2007 – present.

- 5 Day Clinical Supervision Training – SDHB
- Motivational Interviewing and Advance Motivational Interviewing.
- Clinical Supervision Training – 2 day workshop – Niki Weld
- Effective supervision 1 day course – School of Occupational Therapy
- Strength based interventions trainings
- Multiple Intercultural Awareness and Communication training.

## Eve Coster

**Contact details:** Phone: 02102246849 Email: [evecoster@yahoo.co.nz](mailto:evecoster@yahoo.co.nz)

**What is your *physical* location?** North Shore of Auckland

**What type of supervision do you offer?**

- Face to face
- Skype/Distance,
- Supervision for Standard Conditions on scope of practice (NG/Overseas/RTP),
- Group,
- ePortfolio.

**What are your fees?** I do a sliding scale depending on whether the supervisee or organisations are paying.

**Practice experience:** I am an occupational therapist with 14 years of experience. Most recently, I have worked in mental health with a special interest in youth mental health and youth development. I have a small private practice where I offer supervision to practitioners working in a variety of settings, used evidence based models as the basis of my supervision.

**Supervision experience and qualifications:** I have completed several short courses through The NZ Coaching and Mentoring Centre, as well as a level 7 paper at Uni Tech.



# Mary Culver

Contact details: Phone: 0272459776

Email: [Mary-1Degree@outlook.co.nz](mailto:Mary-1Degree@outlook.co.nz)

What is your location? Palmerston North

What type of supervision do you offer?

- Face to face
- Skype/Distance
- For standard conditions on scope of practice (NG/Overseas/RTP) (includes reports for removal of condition)
- New graduate package
- ePortfolio

**Fees:** Please inquire.

**Practice experience:** I have experience as a manager, supervisor and occupational therapist working within the Ministry of Education for fourteen years. I am experienced in delivering a range of learning support specialist services to children and young people in the education sector. Prior to my time at the Ministry of Education I worked in private practice providing occupational therapy services to students with additional needs within fund-holder schools, and provided supervision to occupational therapists. My initial paediatric experience was as sole occupational therapist in an NZCCS early intervention service. I have also worked with NZRDA as a therapist and national trainer.

## **Supervision experience and qualifications:**

### **Qualifications:**

Introductory Certificate in Supervision

Post-graduate Diploma Occupational Therapy Practice

### **Training:**

Solution Focused Supervision

The Art of Deliberate Success

Strategic Change Leadership

Workwise Training

Resilience in the Workplace

Leader Within Program

NZIM Mentoring Program

**Experience:** I have provided supervision to Occupational Therapists and others since 2004, including therapists who are returning to practice after a break. I have provided leadership and development for staff in my management role. Within the Ministry of Education, I facilitated introductory supervision trainings with supervisee and supervisors.

I am currently enrolled in the Masters program completing my research project which considers the impact of supervision on practice and results for clients.

Supervision is an intentional, collaborative and supportive relationship providing professional support where practitioners can develop knowledge and competence. To this end I primarily use a Solution-focused and strengths-based approach, drawing on other approaches as needed to meet the needs of the supervisee.

## Helen Falla

**Contact details:** Phone: 09 8132525 or 0273613258 Email: [lemuriaf@gmail.com](mailto:lemuriaf@gmail.com)

**What is your *physical* location?** Glen Eden, West Auckland

**What type of supervision do you offer?**

- Face to face
- Supervision by phone,
- Supervision for Standard Conditions on scope of practice (NG/Overseas/RTP),
- New graduate,
- ePortfolio support.

**What are your fees?** \$100/hour

**Practice experience:** I have 25 years of OT practice experience in a variety of fields, older adults' assessment rehab, and community mental health in many settings including MDTs. This includes services based in the UK. Facilitation of many Stress Management groups and workshops in the wider community, as well as in mental health services has been a strong focus in my practice. Vocational mental health & supported employment. Practising mindfully is an area of interest. Currently I co-support a Volunteer Activity in the Community within Emerge Aotearoa. I am a Bullying/Harassment Prevention contact person in my workplace and the Health & Safety Rep.

**Supervision experience and qualifications:** 2 day Professional Supervision training - Greenlane Hospital (1997); Cert Professional Supervision training - NZ Mentoring Centre Auckland (2005). Training/approaches and models used in supervision: written notes & action plans provided, roleplays, de briefing, WHOA TO Go approach (What's happening now, How would you like it to be different? Options – exploration of alternatives. Action – commitment to action), Structured Reflection, and provision of resources.

**Jessica Findsen**

**Contact details:** Phone: 0220514134 Email: [j.findsen@hotmail.co.nz](mailto:j.findsen@hotmail.co.nz)

**Fees:** Please contact to discuss

**What is your location?** Christchurch

**What type of supervision do you offer?**

- Face to face
- Skype/Distance
- New graduate support (in group setting also)

**Practice experience:** I have worked for 9 years in non-government organisations in New Zealand and Australia working primarily with young people and their families offering therapeutic intervention, community support and health promotion. Including presentations to local community groups, agencies and stakeholders.

I love to bring a vibrant and fresh perspective to the conversations about mental health. I also am involved in various healing modalities (including mindfulness, life coaching, trauma informed care) and talking therapies (Acceptance and Commitment therapy, SBT, The Pascha method) which assists me to create and promote a therapeutic experience for our young people.

I am currently working at Odyssey House Christchurch; where I offer assessment and brief intervention support for young people with mild-moderate mental health challenges, aged 13-18 years; I also manage a workload and support staff in the 2IC position.

**Supervision experience and qualifications:**

I can give a clinician the opportunity to review and reflect on their professional practice keeping in line with professional standards and promoting sound, ethical and safe work.

With qualifications and experience in leadership, life coaching and talking therapies I also can provide a space where career goals and passions can be explored and supported. This can include working through barriers, triggers and challenges.

Particularly aimed at new graduates, I can assist in promoting positive health whilst working in the mental health field for the first time, reflecting on what keeps you well and balanced in your workplace. This includes managing demand, safety and risk.

## Catherine Fink

**Contact details:** Phone: 027 221 9071 or (03) 337960 Email: [catherine@thriveot.co.nz](mailto:catherine@thriveot.co.nz)

**What is your *physical* location?** Hillsborough, Christchurch

**What type of supervision do you offer?**

- Face to face
- Skype/Distance,
- Supervision for Standard Conditions on scope of practice (NG/Overseas/RTP),
- ePortfolio
- Professional mentoring.

**What are your fees?** \$85 per hour.

**Practice experience:** I have over 20 years' experience as an Occupational Therapist working in a range of settings including public, private contracting, overseas and now self-employed. My experience has spanned adult orthopaedic, vocational and neuro rehabilitation. My current area of practice is primary health care. I have a special interest in early intervention, health promotion and prevention with older people and adult mental health and wellbeing, as well as self-management for people with long term conditions, all at a primary healthcare level.

**Supervision experience and qualifications:** I enjoy supervising OTs who work in isolation, in emerging areas of practice or who are returning to practice. I use a strengths based, supervisee-centred approach and am eclectic in my use of supervision models, depending on the supervisee's needs and goals. My passion is empowering Occupational Therapists to work to the top of their scope while learning and growing from their experiences. I have completed a number of supervision courses over the years and participate in regular supervision myself, in which I develop my supervision practice and skills.

## Kim Henneker

**Contact details: Phone:** 0277027713 or 06 8788109 extn 2570 **Email:** [kim.henneker@hbdhb.govt.nz](mailto:kim.henneker@hbdhb.govt.nz) or [kim.chrismitchell@xtra.co.nz](mailto:kim.chrismitchell@xtra.co.nz)

**What is your *physical* location?** Hawkes Bay

**What type of supervision do you offer?**

- Face to face
- Skype/Distance,
- Supervision for Standard Conditions on scope of practice (NG/Overseas/RTP),
- Group,
- New graduate package.

**What are your fees?** Negotiable

**Practice experience:** I have a wide range of practice experiences incorporating both Physical and Mental Health and have held occupational therapy leadership roles for over 30 years.

I am currently Team leader and Professional advisor for Occupational therapy in Hawkes Bay, a position I have held for 4 years. Previously I have held management and leadership roles in mental health and addiction services.

I have an Applied practice Masters in rehabilitation and a passion for enabling people to be active partners and engaged in their own recovery journey.

**Supervision experience and qualifications:** I use critical reflective approaches, and am experienced with the TAPES model. I have leadership knowledge and skills and can offer coaching and shared experiences to work actively to develop team building skills and improve team culture and behaviour.

I understand and can interpret registration and regulation expectations and impacts on scope.

## Erica Hodgson

Contact Details: Phone: 0226014298 email: [erica@oomf.co.nz](mailto:erica@oomf.co.nz)

What is your *physical* location? Central Auckland

What type of supervision do you offer?

- Face to face
- Skype/distance
- For standard conditions on scope of practice (NG/Overseas/RTP) (includes reports for removal of condition)
- Group
- New graduate package
- ePortfolio

**Practice experience:** I have worked for 15 years in mental health in community and inpatient settings, then moving into a clinical education and project management role. I was Professional Advisor for OT for a few years, overseeing 65 staff. I then moved into Learning and Development for the whole DHB, providing training for all departments and encouraging workplace wellbeing from an occupational perspective. I am currently a director on 2 boards and am building my expertise at this strategic level. I also teach front line government staff and community groups in mental health literacy and how to support someone in distress. I am interested in moving into non-traditional OT roles while still maintaining registration and working within our scope of practice. I also work as a coach, particularly for people in healthcare leadership roles and enjoy supporting people to develop their performance.

**Supervision experience and qualifications:** (a small blurb re your supervision qualifications& training/approaches and models used in supervision/experience)

I completed training in NZ and the UK on multi-disciplinary models of supervision. I have supervised people working in mental and physical health and vocational rehabilitation. My practice has focused on clinical education and project management so I can help people moving into these roles from a direct clinical role. I use the 3CDD model of supervision to guide reflection.

## Jill Judson

**Contact details:** Phone: 0212510749 Email: [nj.judson@xtra.co.nz](mailto:nj.judson@xtra.co.nz)

**What is your *physical* location?** Wellington

**What type of supervision do you offer?**

- Face to face
- Supervision for Standard Conditions on scope of practice (NG/Overseas/RTP),
- ePortfolio.

**What are your fees?** Please enquire

**Practice experience:** I have practised as a registered occupational therapist in New Zealand since qualifying in 1993. I am familiar with and confident in a variety of OT practice areas including working with children and their families, people with mental health issues, older people, especially those with dementia, people with ongoing neurological/neuromuscular conditions for example CP or MD, those with intellectual challenges and individuals with head injury. I have been the national coordinator for OTNZ-WNA of the Health of Older People's Special Interest Group for the past 6-7 years.

Currently I am a part time independent practitioner focussing on supervision issues for and with colleagues. I also do some health promotion work for the CCDHB disability responsiveness team.

**Supervision experience and qualifications:** Cert. Supervision (Helping Professions), Weltech (2010); PG Cert Occ Therapy, Otago (2011).

I have supervised others including students, occupational therapists and also speech and language therapists and physiotherapists on a regular basis since 1995. This has taken place mainly on a 1:1 face to face basis or within a small group situation, also known as peer supervision. My supervisory experience has been within both a hospital setting and also an education setting, whilst working for the DHB, Special Schools and the Ministry of Education and in recent years, independently as a supervisor.

I am a member of the NZOT-WNA Supervision special interest group for occupational therapists on line, which gives me speedy access to others throughout the country to discuss debate or question issues relating to supervision. Membership also helps to keep me up to date with new ideas, resources and notifications of courses and conferences relating to this area.

## **Mairi MacInnes**

**Contact details:** Phone: 027 341 7468 **Email:** [mairi\\_paradise@hotmail.com](mailto:mairi_paradise@hotmail.com)

**What is your *physical* location?** Napier, Hawkes Bay

**What type of supervision do you offer?**

- Face to face & telephone,
- ePortfolio.

**What are your fees?** \$90 per hour

**Practice experience:** I have 16 years experience in a range of practice areas including; mental health inpatient/community, addictions rehabilitation, vocational work with individuals with disabilities, dementia care, community based with frail older people living in their own homes, falls prevention and inter-disciplinary working with primary and secondary care.

**Supervision experience and qualifications:** I completed Foundational Supervision Training Nov 2016. I utilise different models including Solution Focused, Tapes, informative, challenging, facilitative, encouraging and affirmative.



## Steve Malcolm

**Contact details:** Phone: 021 525 493 **Email:** [steve.malcolm@lifespanhealth.co.nz](mailto:steve.malcolm@lifespanhealth.co.nz)

**What is your *physical* location?** Auckland

**What type of supervision do you offer?**

- Face to face
- Skype/Distance,
- Group,
- ePortfolio.

**What are your fees?** \$150 (subject to change)

**Practice experience:** I am a Registered Occupational Therapist (non-practising 2017) and Registered Clinical Psychologist. I have a particular interest in Mental Health and Neurorehabilitation with 18 years experience.

**Supervision experience and qualifications:** I have a number of years experience supervising Occupational Therapists and Psychologists. Prefer a functional and practical approach with particular focus on empowering the supervisee to problem-solve and determine their path.

## Kim Mariu

**Contact details:** Phone: 021513600 Email: [kimmariu@gmail.com](mailto:kimmariu@gmail.com)

**What is your *physical* location?** Milford, Auckland

**What type of supervision do you offer?**

- Face to face
- Skype/Distance,
- Supervision for Standard Conditions on scope of practice (NG/Overseas/RTP),
- Group,
- New graduate package,
- ePortfolio.

**What are your fees?** \$110 F-to-F, \$80 Skype

**Practice experience:** I have extensive clinical knowledge and experience in mental health, with specialist skills in child and adolescent mental health. Additional skills in research, teaching and mentoring.

**Supervision experience and qualifications:** I have an MHsc(Hons), and BHSC(OT). I completed a Certificate in Tertiary Teaching (2008) at AUT while teaching there. I have extensive experience supervising/mentoring new graduate occupational therapists through to experienced clinicians.

## **Pamela Mitchell**

**Contact details:** Phone: 021 75 38 38 Email: [pammitchell@theotcoach.co.nz](mailto:pammitchell@theotcoach.co.nz)

**What is your *physical* location?** North Shore, Auckland

**What type of supervision do you offer?**

- Face to face
- Skype/Distance,
- Management supervision
- Business continuity/Health and Safety/Disaster management
- Loss and grief

**What are your fees?** Negotiable

**Practice experience:** I have 20 years' experience working in the private and public health sectors in New Zealand including both clinical and managerial roles. For about 10 years I worked with my husband in our own surgical practice. I was responsible for the overall strategy, staffing, supervision and training and financial management aspects of the business.

As well as the health sector I have worked in banking, insurance, youth justice and have also undertaken voluntary roles in the community including working with children aged 5-18 over the last 10 years who have experienced loss or grief. I have a particular interest in business continuity and the relationship between business practices and individual wellbeing.

I know from personal experience that life has highs and lows and with support we have the resources within us to rise to the challenges that life gives us. I have successfully navigated my way through the accidental death of my husband and two eldest children in a plane crash and raised our two youngest surviving children as a single parent. I have written three books on this subject.

**Supervision experience and qualifications:** I have undertaken staff supervision as part of my numerous roles. Mostly I work from a Coaching framework, or a teaching learning model.

As well as being an OT, I have an MBS (health management) and have one final paper to complete a Post Graduate Diploma in Emergency Management which I will complete in semester 2, 2017.

## Yasmin Orton

**Contact details: Phone:** 0277 589 588 **Email:** yasmin@scopeplus.co.nz

**What is your *physical* location?** Albany, Auckland

### **What type of supervision do you offer?**

- Face to face
- Skype/Distance,
- Supervision for Standard Conditions on scope of practice (NG/Overseas/RTP),
- Group,
- New graduate package,
- ePortfolio.

**What are your fees?** \$150.00 per one hour supervision session. New grads: By negotiation.

**Practice experience:** I have 35 years' experience working as an OT in UK, USA and NZ.

Field of practice: Predominantly physical medicine: Acutes (medical, surgical, ortho); Neuro-rehabilitation; Stroke rehab; Older adults; AT&R, Some Gero-psych (in USA); OT leadership positions held in metropolitan DHBs: clinical supervisor (acute service, AT&R) professional leader (acute service); clinical leader (acute service, AT&R, community service); Professional and clinical leader (Acute service, AT&R, Community, OTs working as NASCs, Child, Women and Family Service). Currently engaging in DHSc programme at AUT (topic: clinical governance and OT practice) as well as running a private practice offering professional development services, coaching, supervision and audit.

Knowledge and skills:

- Specialist interests: Linking OT models and theory into practice; clinical governance and OT practice, Neuro-rehabilitation (Steps to Follow); working with older adults
- Supervision, coaching,
- Audit (practice; written work; ePortfolio)
- Trained in and authorised trainer for Allen Cognitive Disability Model
- Trained in PRPP
- Past manual handling educator, health and safety rep

**Supervision experience and qualifications:** I have attended various student supervisor and supervisee workshops, internal DHB supervisor training and DHB coaching programme, On-line supervision workshop, Own study / reading, and have Practical experience

My preferred approaches and models:

- Reflective cycle (Johns; Driscoll; Davys; Gibbs)
- The cyclical model (Page and Wokset)
- Developmental (Novice to expert practitioner)
- Strengths-based approach
- Ontological coaching approach

### **My experience:**

Previously, mostly within DHBs, but more recently have progressed to private practice, also taking on non-DHB clients.

I have supervised managers, leaders, clinicians with a variety of practice backgrounds and cultures, non-OTs, OTs in non-traditional roles, new grads with a scope of practice. I have enjoyed working with and learning from each and every person I have supervised. Within supervision, I have marvelled at the multiple skills supervisees bring to their work, their experiences, their challenges -

how they work out solutions, build resilience and prepare for courageous conversations. It is working with these past and current supervisees who have enabled me to grow in experience and gain a deeper understanding of the supervision process. I also engage in my own regular professional supervision and deeply value the opportunity and space it gives me to be the supervisee, to reflect on and further develop my practice. That is what I hope to offer to my supervisees.

## Jill Secker

**Contact details:** Phone: 0273 885 700 Email: [jill@emergesupervision.nz](mailto:jill@emergesupervision.nz)

**Website:** [www.emergesupervision.nz](http://www.emergesupervision.nz)

**What is your *physical* location?** Whangarei

**What type of supervision do you offer?**

- Face to face
- Skype/phone/Distance,
- Supervision for Standard Conditions on scope of practice (NG/Overseas/RTP),
- Group,
- ePortfolio.
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**What are your fees?** currently \$90.00/hour plus GST

**Practice experience:** Most of my occupational therapy practice has been in neurology rehabilitation, both in paediatrics and with TBI and CVA. I have also worked in vocational rehabilitation in private practice. I have provided supervision to occupational therapists for more than nineteen years, initially whilst working for a rehabilitation service, and since 2002 as an independent professional supervisor through my business Emerge Supervision Services ([www.emergesupervision.nz](http://www.emergesupervision.nz)). NZDipOT, NZRegOT. I have been a member of OTNZ-WNA since 1996.

**Supervision experience and qualifications:** Post Graduate Certificate in Supervision (Human Services)WELTEC 2010. Whilst I am cognisant of my occupational therapy training and theoretical models in my supervision practice, and my supervisees are primarily occupational therapists I tend towards the use of a supervision specific process model of supervision. This allows me to shift my focus between the many levels or interactions happening within a supervision session, whilst still focusing on the key issues. I am trained in the TAPES model of supervision, and have a working knowledge of Hawkins and Shohert's 7 Eyed Model of supervision. I also use reflective tools such as WHOA and Critical Reflection questions.

# Maree Sievwright

**Contact details:** Phone: 021881747 Email: [mareehelenclark@gmail.com](mailto:mareehelenclark@gmail.com)

**What is your *physical* location?** Hamilton

**What type of supervision do you offer?**

- Face to face
- Skype/Distance,
- Supervision for standard conditions on scope of practice (NG/Overseas/RTP),
- Group,
- ePortfolio,
- New graduate package.

**What are your fees?** \$80 individual or \$100 organisation.

**Practice experience:** I have 18 years OT experience, 17 has been in mental health, with a special interest in eating disorders and child & adolescent mental health. My background is in individual and family therapy, and I have worked across the age range over my career from children and teenagers to adults and older adults (inpatient and community settings). I was AMPS trained in the past, and primarily used this with older adults.

**Supervision experience and qualifications:** I have provided supervision for most of my career, including for students, new grads, overseas practitioners, and supporting development of portfolios for senior and junior staff. I have Post Graduate Diplomas in Cognitive Behaviour Therapy (2003), Occupational Practice (2006), and Professional Supervision (2016). I'm currently working 0.8FTE for ICAMHS Hamilton in occupational therapist/keyworker role. I also have a private practice one day a week where I provide professional supervision, and treatment for young people and adults with eating disorders. I'm passionate about helping health professionals of any background explore their own context for providing sound, ethical and professional practice. I enjoy challenging people to expand and build on their strengths while supporting learning in areas where they are still developing. I utilise the reflective practice and developmental models for supervision, but also lean into general therapeutic principles such as using Socratic questioning to support someone to find their own solutions to dilemmas, tailoring this to the level of experience of the practitioner. I have a sound knowledge of occupational therapy, and am able to clarify role boundaries- as well as continually redefining what occupational therapists can do within their scope.

## Carolyn Simmons Carlsson

Contact details: Phone: 027 259 3312 Email: [kero.oskar@xtra.co.nz](mailto:kero.oskar@xtra.co.nz)

**What is your *physical* location?** Three Kings, Auckland (not relevant for Skype / telephone supervision)

### What type of supervision do you offer?

- Face to face
- Skype/Distance,
- Supervision for Standard Conditions on scope of practice (*NG to a lesser extent/Overseas/RTP*),
- Group,
- Cultural,
- Board-imposed supervision, and
- Supervision of Supervision.

**What are your fees?** Supervision fees depend on what is required by the person, the type, purpose and nature of supervision and what their circumstances/context is for payment options. For instance some supervision requires a lot of resourcing of the supervisee which would incur additional costs as this requires additional time spent without the person.

**Practice experience:** I have 37 years of expert clinical practice in the field of paediatrics across acute, community, private and specialist practice settings, and extensive expertise in leadership and management domains as well as consulting and project work. I have always provided supervision, mentoring and coaching, and consultation in various forms and have a private practice in supervision. My strengths lie in communication, collaboration, systems thinking, facilitating critical reflection, applying supervision and coaching approaches and especially in enabling others to explore their professional and clinical practice, gain meaningful insights, grow, develop and realise their aspirations through the process of supervision.

**Supervision experience and qualifications:** I have engaged in extensive supervision-specific CPD over several years; I teach supervision skills courses for supervisees and entry level supervisors; I am consulted when people are establishing their supervision frameworks, and I lead the allied health and mental health supervision portfolio for a large urban DHB, and have trained in having coaching conversations. I not only supervise occupational therapists, but also, across a range of Allied Health practitioners.

Within the supervision I provide, I apply a range of supervision **maps, models and processes** including tools for reflective practice; ethical reasoning and coaching conversations. My supervision process is primarily situated within a modified version of Hawkins and Shohet's 7-eyed model; MacAlpine's process model and Hawkins' CLEAR model whilst taking a developmental approach to supervision. No supervisee is the same, so I also draw from a range of other models including Davys' reflective learning model, Hewson's supervision triangle model; McNicol's peer supervision model. Specific coaching tools I use within supervision include WHOA To Go, What-So-What-What Now and GROW. I have attended Supervision Train the Trainers" training and have taught supervisor and supervisee skills training since 2005.



## Louise Tapper

**Contact details:** Phone: 02102313482 Email: [louise@porthilltherapists.co.nz](mailto:louise@porthilltherapists.co.nz)

**What is your *physical* location?** Beckenham, Christchurch

**What type of supervision do you offer?**

- Face to face
- Skype/Distance,
- Supervision for Standard Conditions on scope of practice (NG/Overseas/RTP),
- ePortfolio.

**What are your fees?** \$85/hour

**Practice experience:** I do have some areas of special interest and work experience including primary health care, neurology, mental health, wellbeing and wellness, well elderly, early intervention, preventative care and self management of long term conditions. About all of these, I am willing to share my learning and experience.

**Supervision experience and qualifications:** I can provide both clinical supervision and professional mentoring, depending on the requirements of the supervisee. The way I approach my role as a supervisor is by using a client centered approach whereby the goals, values and interests of the supervisee are foremost. I seek to empower my supervisees to define the issues and identify the solutions. In the process I seek to question, challenge, support, resource, reframe and listen in a friendly and gentle way. I apply my developing skills in motivational interviewing to the supervision process.

I enjoy supervising other Occupational Therapists and working together, supervisor with supervisee, to enhance your practice through reflective supervision. It is a good opportunity to develop ideas, talk them through and then reflect after implementation.

I have supervised approximately 6 OT's over the last 5 years both within practice settings of return to work and also return to practice and community based OT.

## Chris Tennent

**Contact details: Phone:** 0212279714

**Email:** [cmtennent52@gmail.com](mailto:cmtennent52@gmail.com)

**What is your *physical* location?** West Auckland, but book rooms closer to city or can come to you

**What type of supervision do you offer?**

- Face to face
- Skype/Distance,
- Supervision for standard conditions on scope of practice (NG/Overseas/RTP),
- Group,
- ePortfolio

**What are your fees?** \$100/hour

**Practice experience:** I have practiced for 12 years in adult community mental health, including vocational rehab, addictions, and residential NGO services using individual or workshop based interventions - experiential or theory based. My focus has always been on psychosocial interventions and discharge planning on entry (towards independence). I am now doing older person community interRAI needs assessments and case coordination. My passion lies in realistic interactions - whether that is a health professional or their clients, to enable awareness to drive actions which result in increased self efficacy.

**Supervision experience and qualifications:** I have in the past supervised OT students (any year) and several OT's in mental health. I updated my supervision learning last year with a L6 Cert in MH & Addictions Supervision, which has renewed my passion for supporting others to use their clinical reasoning and use their knowledge to the fullest potential. I use a range of approaches which can be eclectic depending on the supervisee, including - strengths based models, blended teaching/learning based, solution focused; CLEAR, OARS, Five Columns approaches; looking at your learning style and motivation base - to name a few.

## **Annette van Dongen**

**Contact details:** Phone: 027 817 3834 **Email:** [a\\_v\\_dongen@hotmail.com](mailto:a_v_dongen@hotmail.com)

**What is your *physical* location?** Papanui, Christchurch

**What type of supervision do you offer?**

- Face to face
- Skype/Distance,
- Supervision for Standard Conditions on scope of practice (NG/Overseas/RTP),
- Group,
- New graduate package,
- ePortfolio.

**What are your fees?** Please enquire

**Practice experience:** I have been providing external supervision since 2012 for OT's and other staff who work with disabled people and their family/whanau in a wide range of situation. My interests whatever work situation I am in is to understand what drives a person, what they aspire to in their life and how they can be facilitated to achieve their outcomes despite their impairments.

**Supervision experience and qualifications:** I have completed Level 1 and 2 Supervisor Training Course - 2012 and 2015 via Margaret Morell's Vibrant Training. This training has given me a range of skills that allow me to support the supervisee to reflect on their work and develop their skills in a trusting and supportive environment.