

### ***Practising appropriately for bicultural Aotearoa New Zealand: Starter Questions***

The OTBNZ recently conducted a workshop at the OTNZ-WNA Clinical Workshops on making good use of your ePortfolio. We used a single competency area for participants to start their pre-thinking about the competency and form a possible basis for a self-reflection. We have been requested to provide the 'starter' questions from the workshop for future use by practitioners and supervisors.

Below are a number of questions that you could consider using to guide your reflections of your practice with respect to the competency area *Practising appropriately for bicultural Aotearoa New Zealand*. You may find this useful in supervision, in a discussion with other members of your team/service, and/or in self-reflection. The aim of the various questions is to assist you to think about your practice, its context and how you might make some tangible changes to continue your professional development. You are likely to only reflect on one or two of the questions/question groups below to get you started on your journey.

- What do I know about the local iwi & local tikanga in the town/region I work?
- What do I know about my organisations goals re addressing equitable outcomes?
- Who are our service users?  
What do you know about health stats in your region / in your service?  
Does this match?  
Does everyone who should/could access your services do so?
- What do you know about the perspective of Māori health service users in your areas?
- What types of barriers are there to accessing your service?  
How do you know this?  
How do you find this out?  
How could your service be adapted to mitigate barriers?
- What knowledge do you have of the resources available to help you in your work with Māori clients? What resources do you have on your doorstep?
- What kind of 'networking' do you do to enable a relationship that works for clients/potential clients?

- What is your level of knowledge and confidence in your role/ability to participate in a powhiri or other occasion / in a meeting in a client's home/ in another relevant occasion in a culturally appropriate way?
- Consider the occupations you commonly use in therapeutic interactions. What modifications or variations do you have in your tool kit to ensure this will help with equitable outcomes?
- Consider your knowledge and use of the Māori models of health and wellbeing in your practice. How might this be developed?
- Think about your usual assessment process
  - How enabling is this?                      Cultural perspective of this?
- What shape do the team meetings or family meetings take?  
What influences are there in the meetings that might impact on the flow of information from team members / family?
- Everyone should have access to the service
  - How is this enabled by your service / by you?
  - What might need to be considered?