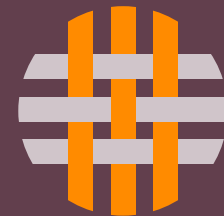


Occupational Therapy Board of NZ
Kaihāumanu Tūroro o Aotearoa

Competencies for Registration

as an Occupational Therapist



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COMPETENCY**OUTCOME:**
the entry level practitioner will:**PERFORMANCE CRITERIA:**

	1	2	3	4	5	6	7
	Implementation of Occupational Therapy	Safe, Ethical, Legal Practice	Culturally Safe Practice	Communication	Management of Self & People	Management of Environment & Resource	Continuing Professional Development
	Facilitate & enable occupations for people through engaging their needs, preferences & capacities in the context of their environment to optimise ability & functional independence.	Act, & justify actions, in compliance with ethical, legal, professional & safety requirements.	Provide a service that takes into account the socio cultural values of the client/tangata whaiora, family/whanau & significant others.	Use a range of communication skills to establish & maintain effectual therapeutic & working relationships.	Manage performance & monitor personal resources to ensure performance is professional, collaborative & supportive of service & team goals & colleagues.	Manage the environment to contribute positively to the client's/tangata whaiora experience & their ability to participate, & ensure effective use of resources.	Seek & use opportunities to continually develop professional knowledge & practice.
	<p>1.1 Establish the need for, & the role & function of, occupational therapy in partnership with the client/tangata whaiora.</p> <p>1.2 Negotiate mutually agreed, prioritised goals.</p> <p>1.3 Acknowledge client/tangata whaiora values, beliefs, attitudes & practices.</p> <p>1.4 Use current theory, evidence, & sound clinical reasoning to inform best occupational therapy practice.</p> <p>1.5 Identify contra-indications & consequences of intervention.</p> <p>1.6 Demonstrate understanding of perspectives of occupation as a core modality.</p> <p>1.7 Use meaningful occupations to achieve, maintain, or enhance performance components, skills, habits, & roles of the client.</p> <p>1.8 Identify opportunities to use the client's/tangata whaiora actual occupation & environment to enhance occupational therapy interventions.</p> <p>1.9 Identify the effect of environmental factors on the client's/tangata whaiora function & dysfunction.</p> <p>1.10 Demonstrate understanding & uses of the occupational therapy process.</p> <p>1.11 Select, analyse, structure, synthesise, adapt & grade activities/occupations to achieve client/tangata whaiora goals.</p> <p>1.12 Demonstrate competent use of a range of appropriate assessment techniques as a base for intervention.</p> <p>1.13 Safely use relevant, approved techniques & technology.</p> <p>1.14 Use a systematic problem solving approach.</p> <p>1.15 Identify need to change or modify occupation or environment.</p> <p>1.16 Adapt & prescribe occupations, techniques & equipment relevant to client/tangata whaiora need.</p> <p>1.17 Assist/enable the client/tangata whaiora to access appropriate resources.</p> <p>1.18 Promote health practices, attitudes, & environments which contribute to occupational well being.</p> <p>1.19 Evaluate outcomes & client/tangata whaiora satisfaction & modify interventions accordingly.</p> <p>1.20 Seek feedback from clients/tangata whaiora to evaluate safe & effective practice.</p> <p>1.21 Identify the appropriate end point of intervention.</p>	<p>2.1 Comply with the Health Practitioners Competence Assurance Act 2003.</p> <p>2.2 Comply with the Code of Ethics for Occupational Therapists in NZ (2004).</p> <p>2.3 Comply with all other relevant legislation, regulations, codes (eg Health & Disability Code of Rights, & Privacy Code), service standards, & professional guidelines.</p> <p>2.4 Attend to safety of client/tangata whaiora, self, & others.</p> <p>2.5 Respect privacy & maintain confidentiality.</p> <p>2.6 Recognise when privacy & confidentiality cannot be upheld & act appropriately.</p> <p>2.7 Recognise when there is a conflict of interest & refer client/tangata whaiora on to an appropriate service or support.</p> <p>2.8 Provide occupational therapy services that recognise principles of social justice.</p> <p>2.9 Provide occupational therapy services that enable & empower clients/tangata whaiora & enhance their participation.</p> <p>2.10 Professionally present, record & report information.</p> <p>2.11 Comply with basic health & safety procedures (eg First Aid, CPR) relevant to setting.</p> <p>2.12 Use ethical reasoning to make & justify decisions on ethical issues in practice.</p> <p>2.13 Seek appropriate guidance to resolve ethically challenging issues.</p> <p>2.14 Conduct ethically sound & safe therapeutic relationships.</p> <p>2.15 Participate in a continuous quality improvement approach to contribute to the safety of practice.</p> <p>2.16 Demonstrate awareness of the scope & limitations of occupational therapy & own knowledge & skills.</p>	<p>3.1 Demonstrate understanding of the complexity of culture.</p> <p>3.2 Recognise the multiple realities & identities people bring to the practice context eg, gender, ethnicity, religious belief, sexual orientation, ability, life stage.</p> <p>3.3 Demonstrate understanding of power dynamics in therapeutic contexts & foster opportunities for clients/tangata whaiora to maximise self advocacy skills.</p> <p>3.4 Demonstrate awareness of the cultures of occupational therapy & their potential impact on the person.</p> <p>3.5 Identify personal significant cultural values, beliefs, attitudes, & prejudices & understand their potential impact.</p> <p>3.6 Recognise own level of cultural safety, consult & refer on where indicated.</p> <p>3.7 Identify & safely respond to client/tangata whaiora values, beliefs, attitudes & practices.</p> <p>3.8 Recognise & respect the uniqueness of the individual in the context of their community.</p> <p>3.9 In consultation with the client/tangata whaiora, identify & work in partnership with resources of family/whanau, community, & significant others.</p> <p>3.10 Ensure intervention is guided by reflective practice.</p> <p>3.11 Action Treaty of Waitangi partnership responsibilities, liaising & developing relationships with local iwi & Māori health, welfare & education workers.</p> <p>3.12 Respond appropriately in situations where cultural difference may be an issue.</p>	<p>4.1 Use a range of communication skills.</p> <p>4.2 Adapt style & method of communication to suit the individual client/tangata whaiora.</p> <p>4.3 Assist the client/tangata whaiora to identify & communicate his/her own needs.</p> <p>4.4 Identify cultural differences & their potential impact on communication.</p> <p>4.5 Facilitate the teaching-learning process in a variety of occupational therapy settings.</p> <p>4.6 Responsibly share knowledge.</p> <p>4.7 Communicate all relevant information to colleagues & consumers in a timely manner.</p> <p>4.8 Develop effective & co-operative relationships within teams (including multidisciplinary teams) & with other workers & agencies.</p> <p>4.9 Assess the effectiveness of own communication.</p> <p>4.10 Demonstrate effective conflict management techniques.</p> <p>4.11 Present concepts & information clearly using inclusive, unambiguous, gender neutral language.</p> <p>4.12 Ensure all communications are clear, concise, & accurate, where written are dated & signed, & all conform to accepted standards.</p> <p>4.13 Demonstrate effective non-verbal communication.</p> <p>4.14 Articulate own professional opinion & provide substantive rationale.</p> <p>4.15 Obtain information from, & provide appropriate information to, community & professional organisations.</p>	<p>5.1 Function autonomously & work collaboratively with others involved in service delivery to ensure best outcome for client/tangata whaiora.</p> <p>5.2 Participate in regular individual or peer supervision in a manner which supports ongoing development.</p> <p>5.3 Comply with current NZ Association of Occupational Therapists Standards of Practice.</p> <p>5.4 Work within recognised roles, functions & parameters of occupational therapy.</p> <p>5.5 Articulate, negotiate, & demonstrate the role & function of an occupational therapist within a team.</p> <p>5.6 Identify the role of support staff & work collaboratively.</p> <p>5.7 Recognise abilities in colleagues & support them in developing those abilities.</p> <p>5.8 Provide appropriate support & guidance to staff & allocate tasks where authority has been delegated.</p> <p>5.9 Manage workload, complete tasks, & meet responsibilities in a timely & goal directed manner.</p> <p>5.10 Demonstrate professional behaviour & presentation appropriate to the context.</p> <p>5.11 Assess the effectiveness of supervision, support, & guidance & seek changes as required.</p> <p>5.12 Use feedback, supervision, support, & guidance to improve own performance.</p> <p>5.13 Recognise & manage relevant personal health needs to optimise professional & personal functioning.</p> <p>5.14 Demonstrate networking by forming relationships to enhance professional performance & meet client/tangata whaiora needs.</p> <p>5.15 Contribute to development of team objectives & share responsibility for team outcomes.</p> <p>5.16 Promote team functioning by making a positive contribution to the team & by supporting team members.</p> <p>5.17 Work co-operatively & collaboratively to ensure a consistent approach to attaining common goals.</p> <p>5.18 Recognise when boundaries between personal & professional roles are compromising therapeutic outcomes.</p>	<p>6.1 Develop & maintain a safe human & non-human environment, with particular attention to management of risk.</p> <p>6.2 Practise within the required standards, policies & procedures of the work area.</p> <p>6.3 Demonstrate awareness of service priorities & objectives.</p> <p>6.4 Adhere to local protocol regarding resource management & utilisation.</p> <p>6.5 Demonstrate basic understanding of issues of equitable distribution of resources.</p> <p>6.6 Comply with the local recording, reporting, & data collection systems.</p> <p>6.7 Demonstrate an understanding of the principles & processes of quality improvement.</p> <p>6.8 Manage change effectively.</p> <p>6.9 Demonstrate an awareness of the impact of social & political trends on occupational therapy services.</p> <p>6.10 Demonstrate understanding of socio-political (or governmental) & organisational decision-making & policy-making processes.</p> <p>6.11 Promote occupational therapy.</p>	<p>7.1 Use & contribute to resources that develop self & the occupational therapy profession.</p> <p>7.2 Identify own professional abilities & attitudes, strengths, & limitations, & how these affect performance & the service provided.</p> <p>7.3 Use reflective practice to set goals, utilise resources, & access information to gain the skills & knowledge required in a specific setting to ensure continuing competence.</p> <p>7.4 Use professional literature as a resource to keep up-to-date with occupational therapy practices & developments.</p> <p>7.5 Update & review knowledge of occupational therapy theories, techniques, technology & outcomes.</p> <p>7.6 Utilise opportunities for mentoring in relation to career development.</p> <p>7.7 Actively participate in local performance development & review processes.</p> <p>7.8 Demonstrate an understanding of research processes & the interpretation of results.</p> <p>7.9 Contribute to the occupational therapy body of knowledge by sharing findings with others, both formally & informally.</p>

